

STARTERS		BURGERS	
Pressed ham hock Pickled vegetables, celeriac remoulade	7.5	Bay burger Smoked bacon, mature cheddar, mustard mayo & skinny fries	12.5
Cornish mackerel fillet 'on toast' Onion bread, sweet tomato sauce	7.5	Cajun spiced chicken breast burger Smoked bacon, mustard mayo & skinny fries	12.5
Seared scallops Onion bhaji, mango salsa, herb salad	8.5	Grilled halloumi burger (v) Red onion marmalade, grilled courgette, basil peste	11.5
Breaded boconcinni (v) Heritage tomato salad	7	& skinny fries	
Crispy beef & noodle salad	7.5	STEAKS	
Soy dressing		Chargrilled 8oz rib eye steak	25(5)
House cured salmon Beetroot and apple	7.5	Pan fried 8oz fillet steak	29(9)
Soup of the day	5	16oz Chateaubriand to share	58(38)
MAINS		All steaks are served with confit tomato, grilled flat mushroom, herb butter & hand cut chips	
Charred pork belly Spring onions, noodles, Asian greens	16.5	(price in brackets indicates supplement for inclusive diners)	
		metaerre amere,	
Slow braised lamb Cous cous, tabbouleh, spiced potatoes, yoghurt	16.5	SIDES	all 3.5
	16.5 14	SIDES  Peppercorn sauce (v)  Cornish blue cheese sauce (v)  Béarnaise sauce (v)	all 3.5
Cous cous, tabbouleh, spiced potatoes, yoghurt  Sweet potato gnocchi Roasted butternut squash, crispy sage, chilli butter  Fillet of sea trout		Peppercorn sauce (v) Cornish blue cheese sauce (v) Béarnaise sauce (v) Mixed salad (v) Hand cut chips (v)	all 3.5
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Cous cous, tabbouleh, spiced potatoes, yoghurt  Sweet potato gnocchi Roasted butternut squash, crispy sage, chilli butter  Fillet of sea trout Creamed polenta, capers, roast garlic, cavolo nero,	14	Peppercorn sauce (v) Cornish blue cheese sauce (v) Béarnaise sauce (v) Mixed salad (v) Hand cut chips (v)	all 3.5
Cous cous, tabbouleh, spiced potatoes, yoghurt  Sweet potato gnocchi Roasted butternut squash, crispy sage, chilli butter  Fillet of sea trout Creamed polenta, capers, roast garlic, cavolo nero, beurre noissette  Stone bass Confit potato, black olive, sun-blushed tomato,	14	SIDES  Peppercorn sauce (v) Cornish blue cheese sauce (v) Béarnaise sauce (v) Mixed salad (v) Hand cut chips (v) Skinny fries (v) Green beans, toasted almonds & garlic butter (v) Battered onion rings (v)	all 3.5
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requirments. We try and source as much produce as possible from the local area.

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Superfood salad (v)

Avocado, cous cous, seeds & berries

or fried halloumi to any main size salad

Add pan roast chicken breast , fillet of salmon