

Brunch Dining

Bakery

Chocolate twist £4
Cinnamon swirl £4
Plain croissant £4
Almond croissant £4

Fruit

Poached peach – homemade granola – rose milk / £8 (GF) (PB)
Forest berry sundae – Greek yoghurt – toasted granola / £7 (GF) (V)
Raspberry and almond porridge – toasted almonds – preserved raspberries / £7 (GF) (PB)
Blueberry and ginger bircher muesli – puffed rice – lemon balm / £7 (GF) (V)

Botanica Brunches

Serrano ham - soft poached hen's egg - spiced green harissa dressing - grilled sourdough / £12
Smashed avocado – roasted red pepper – rose harissa spiced seeds – grilled sourdough / £9 (V)
Sautéed wild mushroom bruschetta - sultanas + seeds - onion puree - nut free pesto / £12 (PB)
Sussex smoked salmon - soft poached hen's egg – hollandaise - lemon brioche / £13
Buttermilk pancakes - berry compote - Greek yoghurt - Sussex blueberries / £10 (GF) (V)
Dry cured bacon butty - grilled sourdough – fallen tomato ketchup / £10

Juices - £4.5, added Tincture £7.5

Our juices are freshly blended in house, with the option to add our bespoke,
active botanical tinctures made exclusively for us by The Herball
for the perfect blend of flavour and revitalising refreshment

Apple & beetroot

Heart – This botanical is a heart and nervous system tonic,
reducing stress levels and nourishing the nervous system

Pear & cranberry

Beauty – Full of natural digestive enzymes and anti-bacterial plants,
this botanical is bursting with natural plant enzymes to help nourish
and strengthen digestive function and skin health

Orange, carrot, ginger & pink grapefruit

Immunity – Sunshine in a bottle, an invigorating and nourishing tonic for the
stomach, nervous system, endocrine and immune system

Pear, cucumber & spinach

Invigorate – A unique green juice with abundance of vital nutrients and minerals
combining the best of land and sea. Packed full of blood cleansing and antioxidant
constituents to revive and invigorate

Other Juices - £4
Orange, Wobblegate Apple, Tomato, Grapefruit

Coffees £3
Cappuccino (standard or ridiculous)
Latte
Americano
Espresso
Flat white
Macchiato

Teas £3
Botanica blend
Lady Godman grey
South Lodge blend
The Spa signature jasmine
Chamomile
Fresh mint

(V) = Vegetarian **(PB) = Plant Based** **(GF) = Gluten Free**
A 12.5% discretionary service charge will be added to all bills. This charge is paid directly to the staff.
All prices are inclusive of VAT at the current rate
Please advise us of any Food Allergens or Intolerances